Adoration and Exposition of the Blessed Sacrament



St Joseph's Riverwood

The Eucharist is indeed at the very origins of the Church and is the source of grace, constituting an incomparable opportunity for both the sanctification of humanity in Christ and for the glorification of God. In this sense, on the one hand, all the Church's activities are ordered towards the mystery of the Eucharist, and, on the other hand, it is in virtue of the Eucharist that "the Church continually lives and grows" (Lumen gentium, no. 26). Our task is to appreciate the invaluable treasure of this ineffable mystery of faith "both in the celebration of the Mass itself and in the worship of the sacred species, which are preserved after Mass to extend the grace of the Sacrifice."

Pope Emeritus Benedict XVI – (2009)



EXPOSITION OF THE BLESSED SACRAMENT

Hymns to be sung whilst the Blessed Sacrament is exposed:

JESUS, MY LORD, MY GOD, MY ALL

Jesus, my Lord, my God, my All,

How can I love thee as I ought?

And how revere this wondrous gift,

So far surpassing hope or thought?

Refrain:

Sweet Sacrament, we thee adore;

Oh, make us love thee more and more.

Oh, make us love thee more and more.

Had I but Mary's sinless heart

To love thee with, my dearest King,

Oh, with what bursts of fervent praise

Thy goodness, Jesus, would I sing. [Refrain]

Author: Frederick Faber (†1863)

Tune: SWEET SACRAMENT

GODHEAD HERE IN HIDING

Godhead here in hiding/Whom I do adore

Masked by these bare shadows,/

shape and nothing more,

See, Lord, at Thy service/low lies here a heart

Lost, all lost in wonder/at the God Thou art.

Seeing, touching, tasting/are in Thee deceived;
How says trusty hearing?/That shall be believed;
What God's Son has told me,/take for truth I do;
Truth Himself speaks truly/or there's nothing true.

On the Cross Thy Godhead/made no sign to men.

Here Thy very manhood/steals from human ken;

Both are my confession,/both are my belief,

And I pray the prayer/of the dying thief.

Author: St Thomas Aquinas (1264), Trans. G. Manley Hopkins

Tune: ADORO TE DEVOTE

SOUL OF MY SAVIOUR

Soul of my Saviour, sanctify my breast, body of Christ, be thou my saving guest, blood of my Saviour, bathe me in thy tide, wash me with water flowing from thy side.

Strength and protection may thy Passion be,

O blessèd Jesu, hear and answer me;

deep in thy wounds, Lord, hide and shelter me,

so shall I never, never part from thee.

Guard and defend me from the foe malign, in death's dread moments make me only thine; call me and bid me come to thee on high where I may praise thee with thy saints for ay.

Author: Unknown, Latin 14th C

Trans. By J.Hegarty; Tune: ANIMA CHRISTI (Maher)

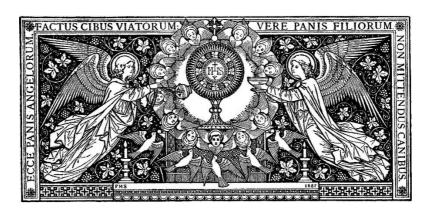
GOSPEL

Optional

REFLECTION

Optional

${\bf SILENCE~AND~PERSONAL~PRAYER}-till~8:15pm$



LITANIES

LITANY OF LORETO

Lord, have mercy Christ, have mercy Lord have mercy Christ, hear us,

God our Father in heaven God the Son, Redeemer of the world God the Holy Spirit Holy Trinity, one God

Holy Mary Holy Mother of God, Holy Virgin of virgins, Mother of Christ, Mother of the Church, Mother of Mercy, Mother of divine grace, Mother of Hope, Mother most pure, Mother most chaste, Mother inviolate. Mother undefiled, Mother most amiable. Mother admirable, Mother of good counsel, Mother of our Creator. Mother of our Saviour. Virgin most prudent, Virgin most venerable, Virgin most renowned, Virgin most powerful, Virgin most merciful, Virgin most faithful, Mirror of justice,

R. Lord, have mercy
R. Christ, have mercy
R. Lord, have mercy
R. Christ, graciously hear us,

R. Have mercy on us...

R. Pray for us

Seat of wisdom. Cause of our joy, Spiritual vessel, Queen of Angels, Oueen of Patriarchs, Vessel of honour. Singular vessel of devotion, Queen of Prophets, Mystical rose, Queen of Apostles, Tower of David. Queen of Martyrs, Tower of ivory, Queen of Confessors, House of gold, Queen of Virgins, Ark of the covenant. Queen of all Saints, Gate of heaven. Oueen conceived without Morning star, original sin, Health of the sick, Oueen assumed into heaven, Queen of the most holy Refuge of sinners, Solace of Migrants, Rosary, Comfort of the afflicted, Queen of families, Help of Christians, Queen of peace.

Lamb of God, you take away the sins of the world

Lamb of God, you take away the sins of the world

Lamb of God, you take away the sins of the world

Lamb of God, you take away the sins of the world

Pray for us, O holy Mother of God

R. Graciously hear us, O

Lord

R. Have mercy on us

R. That we may be made worthy of the promises of

Let Us Pray: Grant, we beseech thee, O Lord God, that we, your servants, may enjoy perpetual health of mind and body; and by the glorious intercession of the Blessed Mary, ever Virgin, may be delivered from present sorrow, and obtain eternal joy. Through Christ our Lord.

Christ

Amen.

LITANY OF THE SACRED HEART

Lord, have mercy Christ, have mercy Lord have mercy God our Father in heaven God the Son, Redeemer of the world God the Holy Spirit Holy Trinity, one God Heart of Jesus, Son of the eternal Father Heart of Jesus, formed by the Holy Spirit in the womb of the Virgin Mother Heart of Jesus, one with the eternal Word Heart of Jesus, infinite in majesty Heart of Jesus, holy temple of God

Heart of Jesus, tabernacle of the Most High Heart of Jesus, house of God and gate of heaven Heart of Jesus, aflame with love for us Heart of Jesus, source of justice and

Heart of Jesus, full of goodness and

Heart of Jesus, well-spring of all

Heart of Jesus, worthy of all praise Heart of Jesus, king and centre of

Heart of Jesus, treasure-house of

Heart of Jesus, in whom the Father

wisdom and knowledge Heart of Jesus, in whom there dwells the fullness of God

love

virtue

all hearts

is well pleased

R. Lord, have mercy R. Christ, have mercy R. Lord, have mercy R. Have mercy on us...

R. Have mercy on us....

R. Have mercy on us....

9

Heart of Jesus, from whose fullness we have all received

Heart of Jesus, desire of the eternal hills

Heart of Jesus, patient and full of mercy

Heart of Jesus, generous to all who turn to you

Heart of Jesus, fountain of life and holiness

Heart of Jesus, atonement for our sins

Heart of Jesus, overwhelmed with insults

Heart of Jesus, broken for our sins

Lamb of God, you take away the sins of the world
Lamb of God, you take away the sins of the world
Lamb of God, you take away the sins of the world
Jesus, meek and humble of heart

Heart of Jesus, obedient even to death Heart of Jesus, pierced by a lance Heart of Jesus, source of all consolation

Heart of Jesus, our life and resurrection

Heart of Jesus, our peace and reconciliation

Heart of Jesus, victim of our sins Heart of Jesus, salvation of all who trust in you

Heart of Jesus, hope of all who die in you

Heart of Jesus, delight of all the saints

R. Have mercy on us....

R. Spare us, O Lord

R. Graciously hear us, O Lord

R. Have mercy on us

R. Make our hearts like unto thine

Let us Pray: Father, we rejoice in the gifts of love we have received from the heart of Jesus your Son. Open our hearts to share his life and continue to bless us with his love. We ask this in the name of Jesus the Lord. Amen



LITANY OF ST JOSEPH

Lord, have mercy Christ, have mercy Lord have mercy Christ, hear us,

God our Father in heaven God the Son, Redeemer of the world God the Holy Spirit Holy Trinity, one God

Holy Mary St. Joseph Illustrious son of David Light of patriarchs Spouse of the Mother of God Chaste guardian of the Virgin Foster father of the Son of God Watchful defender of Christ Head of the Holy Family Joseph most just Joseph most chaste Joseph most prudent Joseph most valiant Joseph most obedient Joseph most faithful Mirror of patience Lover of poverty Model of workmen Glory of home life Guardian of virgins Pillar of families Solace of the afflicted Hope of the sick Patron of the dying Terror of demons

Protector of the Holy Church

R. Lord, have mercy R. Christ, have mercy R. Lord, have mercy R. Christ, graciously hear us,

R. Have mercy on us...

R. Pray for us

Lamb of God, you take away the sins of the world
Lamb of God, you take away the sins of the world
Lamb of God, you take away the sins of the world
Lamb of God, you take away the sins of the world
He made him the lord of His household

R. Spare us, O Lord
R. Graciously hear us, O Lord
R. Have mercy on us

R. And prince over all His possessions.

Let Us Pray: O God, Who in Thine ineffable Providence didst vouchsafe to choose Blessed Joseph to be the spouse of Thy most holy Mother, grant, we beseech Thee, that he whom we venerate as our protector on earth may be our intercessor in Heaven. Who lives and reigns forever and ever. Amen

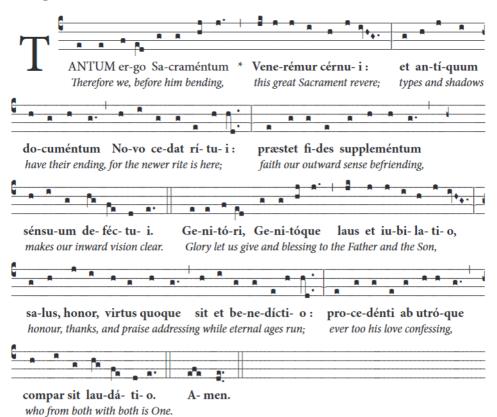


BENEDICTION

TANTUM ERGO

St Thomas Aquinas (1264)

All sing



- V. You have given them bread from heaven
- R. Having in itself all delight

DOWN IN ADORATION FALLING

Trans. Edward Caswall (†1878)

Down in adoration falling,

Lo! the sacred Host we hail,

Lo! o'er ancient forms departing

Newer rites of grace prevail;

Faith for all defects supplying,

Where the feeble senses fail.

To the everlasting Father,

And the Son Who reigns on high

With the Holy Ghost proceeding

Forth from each eternally,

Be salvation, honor, blessing,

Might and endless majesty. Amen

- V. You have given them bread from heaven
- R. Having in itself all delight

Let us pray:

O God, who in this wonderful Sacrament have left us a memorial of your Passion, grant us, we pray, so to revere the sacred mysteries of your Body and Blood that we may always experience in ourselves the fruits of your redemption. Who live and reign with God the Father in the unity of the Holy Spirit, God, for ever and ever.

R. Amen

THE DIVINE PRAISES

Blessed be God.

Blessed be His Holy Name.

Blessed be Jesus Christ, true God and true Man.

Blessed be the Name of Jesus.

Blessed be His most Sacred Heart.

Blessed be His most Precious Blood.

Blessed be Jesus in the most Holy Sacrament of the Altar.

Blessed be the Holy Spirit, the Paraclete.

Blessed be the great Mother of God, Mary most holy.

Blessed be her holy and Immaculate Conception.

Blessed be her glorious Assumption.

Blessed be the name of Mary, Virgin and Mother.

Blessed be Saint Joseph, her most chaste spouse.

Blessed be God in His angels and in His saints

REPOSITION

While the Blessed Sacrament is being reposed in the tabernacle, the following hymns can be sung:

HOLY GOD WE PRAISE THY NAME

Holy God, we praise thy Name! Lord of all, we bow before thee; All on earth thy scepter claim, All in heav'n above adore thee; Infinite thy vast domain, Everlasting is thy reign.

Hark! the loud celestial hymn
Angel choirs above are raising;
Cherubim and Seraphim
In unceasing chorus praising,
Fill the heav'ns with sweet accord:
Holy, holy, holy Lord!

Holy Father, Holy Son,
Holy Spirit, Three we name thee,
While in essence only One,
Undivided God we claim thee,
And adoring bend the knee,
While we own the mystery.

Source: Te Deum (4th C), Trans. Clarence A. Walworth

Tune: GROSSER GOTT

ADOREMUS IN AETERNUM



sæcu-la sæcu-ló-rum. Amen. Adorémus.

Trans: Let us worship forever the most holy Sacrament.

Ps 117. O praise the Lord, all ye nations: praise Him, all ye people. For His mercy is confirmed upon us: and the truth of the Lord remaineth for ever.

Glory be to the Father, and to the Son, and to the Holy Spirit: as it was in the beginning, is now, and ever shall be, world without end. Amen.

HAIL QUEEN OF HEAVEN

Hail, Queen of Heaven, the ocean Star, Guide of the wanderer here below, Thrown on life's surge, we claim thy care: Save us from peril and from woe. Mother of Christ, star of the sea, Pray for the wanderer, pray for me.

O gentle, chaste and spotless Maid, From sin's domain God kept thee free, Plead with thy Son, for He has paid The price of our iniquity. Virgin most pure, star of the sea, Pray for the sinner, pray for me.

And while to Him who reigns above, In Godhead One, in Persons Three, The source of life, of grace and love, Homage we pay on bended knee. Mother and Queen, star of the sea, Pray for thy children, pray for me

> Author: Rev. John Lingard (†1851) Tune: STELLA

SALVE REGINA 12th C



Hail, Holy Queen, Mother of Mercy, our life, our sweetness and our hope! To thee do we cry, poor banished children of Eve; to thee do we send up our sighs, mourning and weeping in this valley of tears. Turn then, O most gracious advocate, thine eyes of mercy toward us, and after this our exile, show unto us the blessed fruit of thy womb, Jesus. O clement, O loving, O sweet Virgin Mary!

REGINA CAELI



alle-lú-ia: O-ra pro no-bis De- um, alle-lú- ia.

Queen of heaven, rejoice, for He whom thou didst merit to bear, hath risen, even as He said: pray God for us.

